SINDH

Spiritual Retreat & Pilgrimage

Meeting the Sigh of Longing Within

Hosted by Murshida Amat-un-Nur

Co-Led by Shaykha Fawzia al-Rawi and Murshida Amat-un-Nur







6–19 November 2027 • Sindh, Pakistan • 14 Days / 13 Nights

A sacred fourteen-day journey centred in Hyderabad, combining residential retreat, pilgrimage, contemplative practice, companionship and immersion in the living Sufi tradition.

SINDH

A Land of Sufi Longing



Along the Indus, Sindh carries a centuries-old inheritance of spiritual seeking. Here, Sufism has found expression through poetry, remembrance, music, hospitality and service - a life shaped by love of Allah and tenderness towards His creation.

This journey brings us into that living tradition through retreat, zikr, sohbet, pilgrimage and companionship. We will travel to Sehwan, where the presence and memory of Lal Shahbaz Qalandar remain deeply cherished, and to Bhit Shah, home to the poetry and spiritual legacy of Shah Abdul Latif Bhittai.

We come not simply to visit these places, but to enter them with reverence and attention - to listen to the land, its poetry, its people and its sacred inheritance, while listening also for the sigh of longing within ourselves.

Walking this journey with...



Murshida Amat-un-Nur

Murshida Amat-un-Nur has served the Inayatiyya path in South Asia for two decades and is Regional Head of Inayatiyya South Asia and National Representative for Pakistan. Holding a Master's degree in Comparative Philosophy and Islamic and Western Mysticism, she brings more than three decades of study and practice in Sufism and Islam to her teaching. She has taught and presented internationally on Universal Spirituality, Tasawwuf, Islam and Esoteric Symbolism, inviting seekers towards remembrance, contemplation and a deeper encounter with the life of the soul.



Shaykha Fawzia al-Rawi

Born in Baghdad and shaped by a lifetime of study and spiritual practice, Shaykha Fawzia al-Rawi holds a PhD in Islamic Studies and has taught Sufism internationally for more than twenty-five years. Her path deepened during twelve years in Jerusalem under the guidance of Sidi Shaykh Muhammad al-Rifai. Her teaching carries Sufism as something lived and embodied - through remembrance, presence and a continual returning of the heart towards Allah.

Together, they invite us into a journey of remembrance, companionship and deep listening - through the sacred landscape of Sindh and into the landscape of the heart.

RETREAT OVERVIEW

Meeting the Sigh of Longing Within

DATES	DURATION	LOCATION
6–19 November 2027	14 Days / 13 Nights	Karachi and Sindh



A sacred journey through Sindh, beginning with welcome and companionship in Karachi before moving into a residential retreat in Hyderabad. The programme combines teachings, meditation, spiritual practice, reflection, sohbet and visits to sacred places.

Included throughout the retreat

- ✓ Guided spiritual teachings
- ✓ Meditation and Zikr gatherings
- ✓ Reflection circles and sohbet
- ✓ Twin-sharing accommodation
- ✓ Breakfast and group meals
- ✓ Internal coach travel
- ✓ Pilgrimage and sacred-site visits
- ✓ Airport and city transfers within Pakistan

DETAILED PROGRAMME

Days 1–7 | Arrival, Journey and Residential Retreat

DAY 1

Saturday 6 November 2027

Arrival in Karachi

- Arrival at Karachi airport
- Check in at Aurhom By Royal Inn, Clifton
- Welcome and meet-greet at dinner
- Overnight stay at Aurhom



DAY 2

Sunday 7 November 2027

Karachi → Hyderabad

- Morning departure by coach
- Arrive and settle in at PC Legacy Hotel
- Evening introduction and orientation
- Opening of the retreat

Days 3–7 | Residential Retreat Programme

Monday 8 November – Friday 12 November 2027

MORNING

- Silent meditation
- Breath practices
- Zikr
- Teachings

AFTERNOON

- Reflection sessions
- Rest periods
- Spiritual companionship

EVENING

- Group circles
- Sacred music and poetry
- Night contemplative practice



Days 8–9 | Hyderabad Sacred Sites and Hala

DAY 8

Saturday 13 November 2027

Hyderabad Sacred Sites

- Qadam Gah Maula Ali (a.s.)
- Dargah of Hazrat Syed Abdul Wahab Shah Gilani
- Tomb of Mian Ghulam Shah Kalhoro
- Historic Talpur tombs



DAY 9

Sunday 14 November 2027

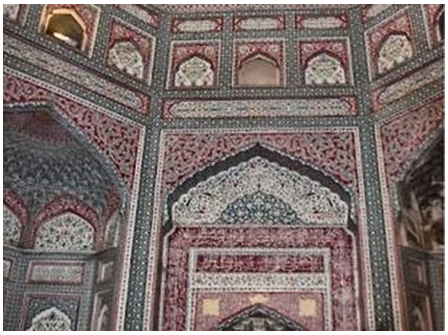
Hala City of Crafts

- Day trip from Hyderabad
- Explore Hala’s celebrated artisan traditions
- Time for crafts, local culture and reflection
- Return to Hyderabad





Qadam Gah



Ghulam Shah Kalhoro Tomb



Talpur Tombs

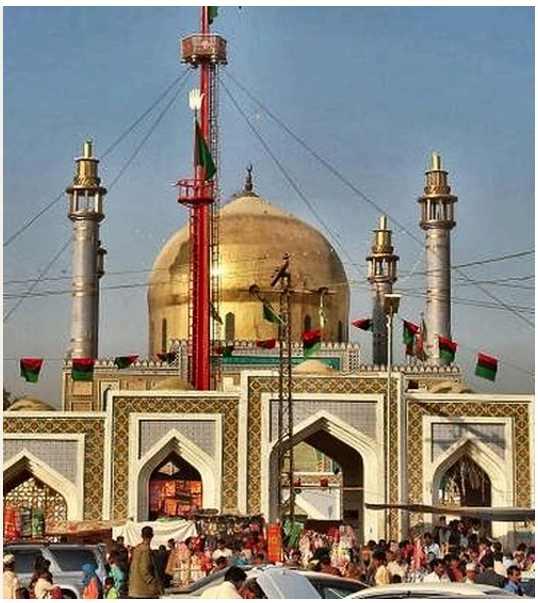
Day 10 | Pilgrimage to Sehwan

DAY 10

Monday 15 November 2027

Sehwan Day Trip

- Journey to Sehwan
- Visit the Shrine of Lal Shahbaz Qalandar
- Time for prayer and contemplation
- Return to Hyderabad



PILGRIMAGE AND CONTEMPLATION

A Day in Sehwan

The visit offers time for prayer, remembrance and quiet contemplation at the shrine of Lal Shahbaz Qalandar, followed by the return journey to Hyderabad.

Participants will be guided through the day as a shared spiritual pilgrimage, with space for personal reflection and companionship.

Days 11–13 | Bhit Shah and Karachi

DAY 11

Tuesday 16 November 2027

Bhit Shah → Karachi

- Check out from Hyderabad
- Visit the Shrine of Shah Abdul Latif Bhittai
- Continue onward to Karachi
- Check in at Aurhom, Clifton



DAY 12

Wednesday 17 November 2027

Karachi Ziyarat and Culture

- Visit Abdullah Shah Ghazi shrine
- Karachi sightseeing
- Shopping and group time



DAY 13

Thursday 18 November 2027

Beach Day and Closing

- Relaxing beach visit
- Shopping and free time
- Closing reflections and final group gathering





Accommodation: Aurhom By Royal Inn, Clifton, Karachi

Day 14 | Departure and Travel Distances

DAY 14

Friday 19 November 2027

Departure Day

- Check out
- Airport transfers
- Departure from Karachi



Travel Distances

Route	Distance	Approx. time
Karachi → Hyderabad	Approx. 165 km	3 hrs
Hyderabad → Hala	Approx. 60 km	1–1.5 hrs
Hyderabad → Sehwan	Approx. 135 km	2–2.5 hrs
Hyderabad → Bhit Shah	Approx. 60 km	1 hr
Bhit Shah → Karachi	Approx. 210 km	3–4 hrs

Travel times are approximate and may vary with traffic and local conditions.

RETREAT SETTING

Hyderabad | The Heart of the Journey



The residential retreat and pilgrimage programme is centred in Hyderabad, allowing the group to remain settled while travelling to sacred sites in Hyderabad, Hala and Sehwan.



Kalhoro heritage



Talpur heritage



Sindh’s sacred architecture

The journey begins gently with an overnight welcome in Karachi, followed by a morning coach journey to Hyderabad and the opening of the retreat that evening.

PC Legacy | Hyderabad

HYDERABAD RETREAT HOTEL

PC Legacy, Hyderabad

Twin-sharing accommodation • 9 nights • Breakfast included daily

The Hyderabad hotel is the principal base for the opening orientation, five-day residential retreat, Hyderabad sacred-site visits and the day trips to Hala and Sehwan.

Stay at a glance

CHECK-IN
7 November 2027

CHECK-OUT
16 November 2027

STAY
9 nights

ROOM BASIS
Twin-sharing

MEALS
Breakfast included daily

PROGRAMME
Orientation, retreat and day trips

Hotel photographs will be added only after the accommodation images have been formally verified.

Aurhom By Royal Inn | Clifton, Karachi

Twin-sharing accommodation • 4 nights









Aurhom hosts the arrival night on 6 November for the welcome dinner and meet-greet, followed by the final three nights from 16–18 November for Karachi ziyarat, sightseeing, shopping, the beach and closing gatherings.

STAY	ROOM BASIS	MEALS
4 nights	**Twin-sharing**	**Breakfast included daily**

REGISTRATION

Investment and Early Bird Offer

INTERNATIONAL PARTICIPANTS

€1,100

per person

PARTICIPANTS WITHIN PAKISTAN

PKR 350,254

per person

EARLY BIRD REGISTRATION

Register on or before 28 February 2027 — save €100

€1,000 • PKR 318,413

PAYMENT BY BANK TRANSFER

Account name: Naila Noon

Bank: Monzo Bank

Sort code: 04-00-03

Account number: 96025054

IBAN: GB72 MONZ 0400 0396 0250 54

SWIFT/BIC: MONZGB2L

Payment reference: NAME & SINDH

PAYMENT BY PAYPAL

PayPal: natashatiwana@hotmail.com

Payment reference: NAME & SINDH

Payment Schedule

Early-bird registration: Register by 28 February 2027 for the €1,000 rate.

First payment: 50% due by 30 April 2027 — €500 early-bird or €550 standard fee.

Final payment: The full remaining balance must be paid by 31 July 2027.

The retreat fee includes

- ✓ Twin-sharing accommodation
- ✓ Guided spiritual teachings and practices
- ✓ Internal transport and coach travel
- ✓ Breakfast included daily
- ✓ Pilgrimage visits
- ✓ Airport and city transfers

International travel is each participant’s responsibility. Visa assistance is available.

REGISTRATION

Booking Information



Booking Terms

- Places are limited and allocated following acceptance of the participant’s registration.
- A place is confirmed when the required first payment has been received.
- Payments are non-refundable unless the retreat is cancelled by the organisers.
- International travel arrangements, tickets, insurance and related costs are each participant’s own responsibility.
- Visa guidance and assistance are available; visa approval remains subject to the relevant authorities.
- The organisers reserve the right to amend the itinerary where necessary due to local circumstances.

REGISTRATION & ENQUIRIES

Inayatiyya South Asia

www.inayatiyyasouthasia.com/events

Email: inayatikhanqah@gmail.com